

Intensive Course Content

4 weeks, Monday to Sunday. Each teaching day consists of 4 hours of theory and practice (16:00–20:00, with a 15-minute break), and every weekend real patients are treated under the constant supervision of the teaching staff.

20

teaching days

4

weekends with real patients

4 hrs/day

8–12 hrs/weekend

Week 1 — Myofascial System

DAY 1 **Myofascial Treatment — structure of the fascia**

We briefly cover the 5 treatment lines or protocols: Symptomatic Tx, Origin Tx, Pericardium Tx, Extraordinary Meridians Tx and Trauma Release Tx. Since students will treat patients the following weekend, we begin with the Symptomatic Tx: working with the fascia is the most effective approach. We present its structure, behavior and external synchrony, and explain the needling techniques used to trigger a compensation response (anatomical reference points). We start with the upper-body muscle groups (neck and shoulders).

DAY 2 **Myofascial — upper body → lower back**

We continue in depth with the upper-body muscle groups (neck and shoulders) and move on to the lower back (lumbar region). Practice between students to learn how to diagnose and treat each muscle group.

DAY 3 **Myofascial — back → legs**

We continue with the muscle groups of the back and move on to the legs. Practice between students to learn how to diagnose and treat each muscle group.

DAY 4 **Myofascial — legs → arms**

We continue with the muscle groups of the legs and move on to the arms, completing the whole body. Practice between students to learn how to diagnose and treat each muscle group.

DAY 5 **Symptomatic Tx by A. Jayasuriya**

For problems not directly related to muscle groups, we study in depth the approach of A. Jayasuriya, focused on TCM, along with some of Dr. Tung's points that are useful for certain pathologies. We define the concepts of Dragon vs. Phoenix: the therapist's attitude toward patients and pathologies.

First weekend

Saturday 10:00–14:00 and 16:00–20:00 · Sunday 10:00–14:00

Real patients are treated, brought by the students themselves or by the organization. The students perform the treatments, insert the needles and learn how to deal with patients, always under the constant supervision of the teachers.

Week 2 — Origin Treatment and Extraordinary Meridians

DAY 8 **Origin Tx — the Angle and Positioning theories**

Sometimes the body itself creates or sustains a pathology. We study the causes of the pathogenic relationship between organs: the Angle Theory (illness as a warning of destiny) and the Positioning Theory (illness as a struggle for social position within the group). We look in depth at Sadistic organs (low, hidden pulse), Masochistic organs (high pulses) and Absent organs (low, steady pulse).

DAY 9 **Origin Tx — pulse taking**

We continue with the Origin Tx, adding pulse taking: common mistakes and tips to improve your reading. The only way to master it is to know each internal organ perfectly, so we devote a full day to each one. Pulse-reading practice between classmates.

DAY 10 **Origin Tx — points, tonification and sedation**

Selection and location of the acupuncture points for the Origin Tx. The concept of tonification and sedation, meridian flow, direction and movement, speculative energy versus real energy, and how to perceive them in the pulse. The General Tonification Treatment is provided, with point location and moxibustion practice.

DAY 11 **Pulse coherence**

The laws of movement of the producing organs and heaven organs. Method for locating sadistic and masochistic organs through natural coherence. Mental Axis, Consumption Axis and Spiritual Axis treatments. Problems of bones, muscles and depression.

DAY 12 **Extraordinary Meridians Tx (Dai Mai)**

We explain how the extraordinary meridians work, when to use them and which pathologies they can treat. Mental Axis treatment (1, 2 and 3), theory of how the mind works, and practice between classmates.

Second weekend

Saturday 10:00–14:00 and 16:00–20:00 · Sunday 10:00–14:00

Real patients are treated, brought by the students themselves or by the organization. The students perform the treatments, insert the needles and learn how to deal with patients, always under the constant supervision of the teachers.

Week 3 — Pericardium and the Subconscious Minds

DAY 15 **Pericardium Tx**

Explanation of the Gathering Qi and its role in the formation of the “self”. Pathologies that can be found in the pericardium/heart and how to diagnose them. Associated symptoms and treatments: cardiovascular massage and breathing. Practice between students.

DAY 16 **Auriculotherapy**

The reach of treatment through the points of the ear. Addictions and obsessions: treatment for quitting smoking and for weight loss. Use of the point detector and ways of treating through auriculotherapy.

DAY 17 **Zhen — the subconscious of the Heart**

We explore in depth the traditional associations of the Heart: emotions, internal and external functions, its role in everyday life and the ways of diagnosis. How to recognize and interpret imbalances. Treatments.

DAY 18 **Hun — the subconscious of the Liver**

We explore in depth the traditional associations of the Liver: emotions, internal and external functions, its role in everyday life and the ways of diagnosis. Imbalances, how to recognize and interpret them. Treatments.

DAY 20 **Yin — the subconscious of the Spleen/Pancreas**

We explore in depth the traditional associations of the Spleen/Pancreas: emotions, internal and external functions, its role in everyday life and the ways of diagnosis. Imbalances, how to recognize and interpret them. Treatments.

Third weekend

Saturday 10:00–14:00 and 16:00–20:00 · Sunday 10:00–14:00

Real patients are treated, brought by the students themselves or by the organization. The students perform the treatments, insert the needles and learn how to deal with patients, always under the constant supervision of the teachers.

Week 4 — Kidney, Lung and Pathogenic Factors

DAY 23 **Zhin — the subconscious of the Kidneys**

We explore in depth the traditional associations of the Kidney: emotions, internal and external functions, its role in everyday life and the ways of diagnosis. Imbalances, how to recognize and interpret them. Treatments.

DAY 24 **Po — the subconscious of the Lung**

We explore in depth the traditional associations of the Lung: emotions, internal and external functions, its role in everyday life and the ways of diagnosis. Imbalances, how to recognize and interpret them. Treatments.

DAY 25 **Pathogenic factors**

Cold, Heat, Dryness, Dampness (phlegm) and Wind: implications, identification and diagnosis. Treatments to reduce pathogenic factors in the body.

DAY 26 **Bio-Magnetism**

Use of magnetic pairs as a complement to acupuncture: identifying infections, oxygenation and treatment with magnets. Practice between classmates. Cancer as a collective disease, and diabetes.

DAY 27 **Breathing**

Observation and diagnosis through breathing. Breathing re-education techniques. Other acupuncture points and treatments.

Fourth weekend

Saturday 10:00–14:00 and 16:00–20:00 · Sunday 10:00–14:00

Real patients are treated, brought by the students themselves or by the organization. The students perform the treatments, insert the needles and learn how to deal with patients, always under the constant supervision of the teachers.

Program subject to minor adjustments depending on the group. Ask for the full syllabus in detail.

ECAN

Natural Acupuncture Schools & Centers
Simple, humane, high-quality education in natural medicine,
with locations in Madrid, India and Bali.

Contact

ecanacupuncture@gmail.com
Course info · +34 660 884
271
Appointments · +34 652 203
344

Visit us

Madrid — Calle Luis
Piernas 2, Ventas
India — Palolem
Beach, South Goa
Bali — Ubud